

Laid off?

Don't know
where to turn
for help?



As a member of SECU, turn to us...

Meet with an SECU representative to discuss:

- ▶ Budgeting: How can I adjust my budget to live on a reduced income and help to avoid overdrafts?
- ▶ Mortgage Assistance: I can't afford my house payment. What should I do?
- ▶ Auto Refinancing: The rate on my car loan is high. Can I refinance?
- ▶ Health, Life, Auto and Home Insurance: Should I purchase COBRA health insurance? Do I need replacement life insurance?
- ▶ Retirement Planning: What should I do with my 401(k), 457 or 403(b)?
- ▶ Unemployment Insurance: How do I apply?
- ▶ Tax Preparation: How will unemployment income affect my tax situation?
- ▶ Credit: How can I monitor my credit rating?
- ▶ Debt Counseling: I don't earn enough to pay all my bills. What should I do?
- ▶ Support Services: What government or private resources are available?
Where can I find a Food Bank?

Visit www.ncsecu.org, contact your local branch
or the SECU Contact Center at 1-888-732-8562.

State Employees' Credit Union®

