

## Crystal Coast Athletic Conference Constitution (CCAC)

### **ARTICLE 1 – Name**

The name of the organization shall be called the Crystal Coast Athletic Conference (CCAC).

### **ARTICLE 2 – Objectives**

The objective of this organization shall be:

- To promote, direct, and manage athletic programs among member schools
- To foster an attitude of good will and sportsmanship within the conference
- To encourage the continuing development of middle school athletics

### **ARTICLE 3 – Membership**

The conference shall be composed of the following schools:

Arapahoe Charter School	Morehead Middle School
Atlantic Elementary School	Newport Middle School
Beaufort Middle School	Pamlico Middle School
Broad Creek Middle School	Smyrna Elementary School
Harker’s Island Elementary School	

#### **Section A**

Admission of new members into the conference will require a majority plus one (5) vote of the member schools. Prospective members must apply in writing to the conference president. The application of prospective members may be decided, in not less than 30 days, at the next official meeting of the conference.

#### **Section B**

Each member school will pay membership dues. Annual dues will be \$200.00 per school and will be paid by the date of the first conference football game. The conference dues will pay for all conference tournaments, all sports trophies, and awards. The dues will also pay for the expenses of the conference.

### **ARTICLE 4 – Offices**

#### **Section A**

The principals of the member schools will make up the ‘Executive Committee’. The conference president will be the chairman of this committee. The school of the conference president will provide the secretary and treasurer of the conference.

#### **Section B**

The responsibility of serving as the conference president will be put on a rotating basis with each member school being in charge of operations for a one-year period as follows:

Arapahoe Charter School	2005-06
Beaufort Middle School	2006-07
Broad Creek Middle School	2007-08
Down East Schools	2008-09
Newport Middle School	2009-10
Morehead Middle School	2010-11
Pamlico Middle School	2011-12

### **ARTICLE 5 – Meetings, Motions, and Voting**

There shall be four regularly scheduled meetings and one additional scheduling meeting during the academic year.

Meeting	Date	For the purpose of
First (1st) meeting	Second Friday in September	Introductions and confirming schedules for all sports
Second (2 <sup>nd</sup> ) meeting	Third (3rd) Friday in November	Giving out fall sports trophies, discussing winter sports, and making any adjustments necessary
Third (3 <sup>rd</sup> ) meeting	Fourth (4 <sup>th</sup> ) Friday in February	Giving out winter sports trophies, discussing spring sports, and making any adjustments necessary

Scheduling meeting	Fourth (4 <sup>th</sup> ) Friday in March	Cooperatively creating schedules for all sports utilizing approved LEA calendars
Fourth (4 <sup>th</sup> ) meeting	Fourth (4 <sup>th</sup> ) Friday in May	Giving out spring sports trophies and giving out the next year's schedules

**Section A**

Each member school shall be represented at each regular, called, and scheduling meeting of the conference. A minimum of 5 conference representatives must be in attendance to constitute an official conference meeting.

**Section B**

Voting at all meetings will be held by school and not by individuals. Principals will vote or designate a voting delegate.

**Section C**

Only principals (or his/her designee) can make motions and vote for the member school at a regular, called, or scheduling meeting.

**Section D**

All conference meetings shall be held at a centrally located site to be determined by the conference president. The scheduling meeting may be held at the conference representative's host school.

**ARTICLE 6 – Regulations**

The conference shall operate under four sets of regulations. The 'Executive Committee' is charged with the enforcement of the following regulations:

- NCDPI rules and regulations governing athletics
- Rules and regulations of the NCMSAA as published in its current handbook and/or website
- Rules and regulations of the NCHSAA as published in its current handbook and/or website
- CCAC constitution and by-laws

**ARTICLE 7 – Participation**

Any sport scheduled by the scheduling committee shall be declared a conference sport. Notification to all school members of non-participation for a particular sport will be submitted to all member schools. This notification will be used only for the purpose of facilitating the scheduling of conference sports and will not be used to hold any school to a given sport.

**ARTICLE 8 – Changing Constitution and By-Laws**

**Section A**

The articles of this constitution may be amended by a 2/3 majority vote (5) of the member schools, provided the proposed article amendment is presented in writing at a regular or called meeting and voted on in no less than 30 days or at the next official conference meeting.

**Section B**

The by-laws may be amended at any meeting by a 2/3 majority vote (5) of the member schools, provided the proposed amendment is presented in writing to all member school within 30 days of a scheduled meeting.

**Section C**

Any portion of this constitution that conflicts with the NCDPI, NCMSAA, and/or NCHSAA regulations shall be null and void.

**ARTICLE 9 – Funds**

The conference shall operate on funds derived from member school assessments. The host school splits the gate for all championships with the visiting team after expenses.

**CONFERENCE BY-LAWS**

**1. Protests (procedural, concerning eligibility, etc.)**

Protest may be lodged in writing with the 'Executive Committee'. The letter of protest must be submitted within five (5) working school days (defined as a day the teachers and/or students are in attendance @ the protesting school) to the conference president along with a fifty (\$50.00) fee. The athletic director and/or principal shall call and or fax the conference president to let them know a protest is being filed. If the committee does not uphold the protest, the

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expenses incurred will be deducted from the protest fee and the balance returned. If the protest is upheld, the entire fee will be returned and the offending member will be fined at the discretion of the 'Executive Committee'.

**2. Officials**

Officials registered with the NCAOA & NCHSAA will be used in all conference sports. No person officially connected with any member school will be allowed to officiate any conference game/match involving their school. There shall be three and/or four (3 and/or 4) officials for all football games. For other sports, the coaches may mutually agree upon starting a game with one (1) less official fifteen (15) minutes prior to starting time. The game shall begin fifteen (15) minutes after the original starting time, regardless of mutual consent. It is recommended that the CCAC teams try to use the same booking agents where possible.

**3. Admission Rules**

When admission is charged, the following maximum ticket prices will be observed for all sports as follows:

Football - \$3.00	Basketball - \$3.00	Baseball/Softball - \$2.00	Soccer - \$2.00
Volleyball - \$2.00	Wrestling - \$3.00	Track - \$2.00	Golf - NA
	Tournament - \$5.00	Tournament - \$3.00	

CCAC maximum gate/ticket prices will be posted on each sport's master schedule.

**4. Championships and Tie Breaker Procedures**

The conference champion and/or regular season winner will be decided using the following formats:

**Soccer:**

1. Points advantage (2 pts. for a win, 1 pt. for a tie)
2. Heads up advantage
3. Common conference advantage
4. Coin toss

**Other Sports**

1. If there is a need for a two team tie breaker, the game must be played on the scheduled date or a mutually agreed upon date. With a witness, the conference president shall flip a coin to determine the game site. The gate shall be split between the competing teams. The home team shall keep revenues from concessions.
2. If a three team tie occurs, the three teams will be declared tri-champions.

The minimum number of games shall be one less than the scheduled number of conference games/matches to determine winning percentage. Tournament championships in each sport that have tournaments (track, wrestling, soccer, golf, & basketball) will go to the team winning the tournament. Regular season conference co-championships will be awarded to teams with no advantage over each other in each sport.

**5. Cancellations and Forfeits**

All regularly scheduled games/matches should be played on assigned dates. The rescheduled date should be discussed and agreed upon by either school's principal or designee. Games/matches/meets may be forfeited by mutual agreement between the scheduled schools without cost or penalty. If any school refuses to reschedule a game/match/meet, said school shall be fined and forfeit the game/match/meet. The fine shall be paid directly to the affected school/s (split). The amount of the forfeiture fine shall be as follows:

Football - \$750.00      Other sports - \$200.00

**6. Sites, Dates, Starting Times, and Rescheduling**

The home team for each scheduled game sets the starting time and site for each game if difference from the original schedule. The home team is responsible for rescheduling cancelled, postponed, suspended, or incomplete games/matches. The home team is responsible for making its own arrangements with the booking agent and/or officials of their choice. No game/match/meet can initially begin after 7:00 p.m. The team/school at fault (if any miscommunication occurs) shall pay official costs and/or travel costs. Untimed spring sports (i.e. softball, baseball, etc.) shall begin @ 3:30 before Daylight Savings Time (DST) and no earlier than 4:00 after DST (unless mutually agreed upon by participating teams).

**7. Cheerleading**

The nature of cheerleading is to inspire the fans. All cheers and chants are to be positive and productive. Cheerleaders will not cheer during a player injury or when the opposing team is at the free throw line. Cheerleaders are to adhere to the NFR and NCHSAA guidelines. It is each school's responsibility to determine the

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application of these guidelines. Any infraction of the above regulations will result in a letter of reprimand to the offending school from the conference president.

Participation in cheerleading by 6<sup>th</sup> graders is at the discretion of each individual school.

### **8. Trophies**

All regular season championship and tournament championship trophies will be bought by the conference as follows:

- Football –conference champion (1 trophy)
- Volleyball - conference champion (1 trophy)
- Baseball - conference champion (1 trophy)
- Softball - conference champion (1 trophy)
- Girls' Soccer – regular season champions & conference (tournament) champions (2 trophies)
- Boys' Soccer - regular season champions & conference (tournament) champions (2 trophies)
- Girls' Basketball - conference champion (1 trophy)
- Boys' Basketball - conference champion (1 trophy)
- Girls' Track – conference champions (1 trophy), medallions (1<sup>st</sup> - 3<sup>rd</sup> place), and ribbons (4<sup>th</sup> - 6<sup>th</sup> place) for individual achievement are bought by the host school
- Boys' Track - conference champions (1 trophy), medallions (1<sup>st</sup> - 3<sup>rd</sup> place), and ribbons (4<sup>th</sup> - 6<sup>th</sup> place) for individual achievement are bought by the host school
- Wrestling – conference champions, 2<sup>nd</sup> place and 3<sup>rd</sup> place (3 trophies), ribbons and/or medallions for individual achievement are bought by the conference

### **9. Post Season Games & Tournaments**

All post season and tournament games will be held at the higher seed.

Soccer format: First round – Number 4 seed vs. Number 1 seed @ Number 1 seed  
Championship game/match @ highest remaining seed

### **Exception:**

The wrestling and track tournaments will be hosted on a rotating basis among the schools that have teams.

### **10. Academic Requirements**

1. Promotion, transfer, or placement to the next grade level makes a student/athlete automatically eligible to begin fall sports.
2. A student/athlete who has not passed all of his/her subjects is not eligible to try-out for any sport that season or grading period. The athlete must be eligible at the beginning of each sport season to participate in said sport.
3. At the end of the grading period a student must pass all subjects (every subject he/she takes) to be or remain eligible.
4. A grade of 'S' or 'N' is considered passing. A grade of 'U' is considered failure (not including conduct).
5. The student is eligible up until the day that the report cards are issued.
6. A student is eligible to try out for any sport if they have received an incomplete at the end of a grading period, but must complete all requirements to receive a grade by 5 school days after report cards are issued.
7. Transfer students who are academically eligible may join teams already in progress unless cuts have been made.
8. Students are eligible for middle school athletics for four consecutive semesters only.

### **11. Conduct Requirements**

Out of school suspensions ends a student's eligibility to compete in current sport. In addition, the student may not join another sport already in progress.

- **TLC – ALC – In School Suspension –Choice – or any other administratively assigned disciplinary placement (full day)** for the third (3<sup>rd</sup>) infraction ends the student's eligibility for the current season. In addition, the student may not join another sport already in progress.
- If the student/athlete is assigned to 'Alternative Classes', his/her eligibility ends for the current sport. In addition the student may not join another sport already in progress.

- If the student athlete is required to fulfill an ISS or any other administratively assigned disciplinary placement, then the student/athlete is ineligible to practice or play in a game that day.

**12. Attendance Requirements**

Attendance at school for at least one-half day is required for participation in a game/match. The school administration can excuse (for extenuating circumstances) the absence to permit participation. A player must be in attendance at least 85% of the previous semester.

**13. Ejection Policy**

If a player, coach, or school official is ejected from any athletic event, the following suspension rule is applied:

First Ejection	Second Ejection	Third Ejection
One (1) game suspension	Two (2) game suspension	Removal from team/sport for one (1) calendar year.

Suspensions are cumulative from sport to sport and sport season to sport season. If no member of the school’s coaching staff is present to assume an ejected coach’s duty, the contest shall be terminated and forfeited (see NCHSAA handbook or website – nchsaa.unc.edu))

**14. Consequences to Rule Violations and/or Policies**

Any and all rule violations of the NCDPI, NCMSAA, NCHSAA, or the CCAC constitution governing athletics, shall result in a \$50 fine to be paid to the conference. An appeal to the ‘Executive Committee’ may be made for further consideration into the fine. In addition to the above, the use of ineligible players will result in a forfeit of every game the student participated in and the resulting flat, \$50 fine.

**15. Miscellaneous Items**

1. Softball – no limit for innings pitched, automatic 10 run rule/5 inning lead in effect per rule book, mercy rule – 15 run lead/4 innings, no bat size limits, fast pitch
2. Baseball – ten (10) innings pitched per week, no bat size limits, 10 run rule lead in effect per rule book, mercy rule – 15 run lead/4 innings
3. EP (Extra Player) for Baseball and Softball
  - The EP can play defense
  - An EP is optional, but if one is used, it must be know prior to the start of the game, and be listed in the line-up card.
  - If the EP is used, he/she must be used the entire game.
  - The EP must remain in the same position the entire game.
  - If an EP is used, all 10 must bat and any 9 can play defense. Defensive positions can change, but the batting order must remain the same.
  - The EP may be substituted for at any time, either by a pinch hitter or pinch runner, who than becomes the EP. The substitute may be a player who has not yet been in the game.
4. Track – field events first, tract events second, no triple jump or discus; 8 lb. 3 oz. Shot-put for boys; 6 lb. Shot-put for girls. Track team members may compete in up to 5 events total. Members of a team must compete in at least 2 regular season meets to be eligible to compete in the conference meet.
5. During regular season track meets, the 800M and 1600M events will be run in 2 heats- the 1<sup>st</sup> heat is a competition heat where the top 3 runners (boys and girls) from each school will run for points and a 2<sup>nd</sup> heat where no points will be awarded for the winners. The heats will be run with a staggered start (boys and girls in separate locations). During the conference championship, there will only be one heat consisting of the top three runners from each school. The boys and girls heats will be run separately.
6. Two (2) hour time limit for all practices for all sports (this includes chalk talks, watching films, etc.)
7. Football – a player may play (dress out) in one football game per week unless there are rescheduling situations. “A” team players cannot participate in “B” team games. Fifth (5) quarter situations are for “B” team players only.
8. Dressing out is considered participating in any sport.
9. Wrestling – 1 minute overtimes, 30 second tie-breakers, gender specific weigh-ins (home team responsibility), 1 hour & 15 minute time limit for regulation matches with continuation rule in effect (preliminaries take place after regulation if time permits), weigh in starts @ 3:30 for all teams (must be completed by 4:00), warm-ups with tri-matches are allowed, but you must be off the mats by 4:00 pm.
10. Soccer – two (2) five (5) minutes overtimes must be played if a tie exists at the end of the regulation
11. Age – a student shall not participate if he/she becomes 15 years of age on or before October 16<sup>th</sup> of said school year.
12. No Sunday practices and no practices or contests during the regular school/work day
13. Volleyball – rally scoring in effect with ‘let serves’, 3rd game to 15 and warm up time to be 10 minutes (4 alone for each team and 2 minutes of shared serving as stated in the NFHS rules).

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14. One preseason scrimmage is allowed paid or unpaid, certified officials may be used.

Respectfully submitted:

Jennie Adams

Secretary

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Revised 2-27-09 Allison Graham